

## HLTAID001 – Provide cardiopulmonary resuscitation

### Learner Pre-Course Information

<b>Cost</b>	\$55
<b>About this unit of competency</b>	<p><b>Description of course:</b>          This unit of competency describes the skills and knowledge required to perform cardiopulmonary resuscitation (CPR) in line with the Australian Resuscitation Council (ARC) Guidelines. This unit applies to all workers who may be required to provide CPR in a range of situations, including community and workplace settings.</p> <p><b>Applicable Industries:</b></p> <ul style="list-style-type: none"> <li>• Emergency responders</li> <li>• Childcare</li> <li>• Education</li> <li>• Medical professionals</li> <li>• Construction</li> <li>• Many more</li> </ul>
<b>Training Program</b>	<p>This course is delivered as a 3.5 hour face-to-face training session.</p> <p>We offer weekly public attendance courses at our Sydney CBD training centre on George St.</p> <p><i>If your organisation is interested in a private / in-house booking to have this course delivered to a group of staff, please <a href="#">contact our head office</a> to discuss booking options. The delivery can be programmed to fit in with your staff and company schedule, at your venue or ours.</i></p>
<b>Assessment requirements</b>	<p><b>Physical Requirements:</b>          It is important to note that this course requires a level of physical ability to complete practical assessments. All students are required to perform 2 minutes of CPR on an adult manikin and baby manikin on the floor. If your health or fitness will not allow you to demonstrate this, you will not be awarded a nationally accredited certificate for HLTAID001 Provide cardiopulmonary resuscitation. We can however issue a non accredited certificate of attendance for CPR. Students are advised to check if this option meets their workplace / industry requirements before attending the training.</p> <p><b>Language Skills:</b>          All students must be able to demonstrate an accurate verbal report which would be given to emergency services and workplace supervisor.</p>
<b>Payment options</b>	<p>We offer the follow payment options to students our public courses:</p> <ul style="list-style-type: none"> <li>• Learners can pay by credit card (AMEX – 3% surcharge) online or contact the Training Aid Australia office on 02 9011 7911</li> <li>• Payment can be made by EFT</li> </ul> <p>In order to secure your seat in the course, payment must be made at the time of enrolment.</p>
<b>Language, Literacy &amp; Numeracy requirements</b>	<p>This course combines plain English, videos, photos, and questioning to ensure all learners are able to have the best possible chance at comprehending the required knowledge and developing first aid skills that will be needed in an emergency. If you believe you will need adjustments on the day of your training due to your Language, Literacy or Numeracy skills, please let the staff at Training Aid Australia know by checking the box on your enrolment form, or call our office at 02 9011 7911 to discuss your training needs.</p>

<b>Enrolment with Training Aid Australia</b>	Clients can enrol into this course through Training Aid Australia website or by phone (02) 9011 7911. Once enrolled into this course, learners need to provide photo ID on the day
<b>Delivery and Assessments</b>	<p>This course is made up of one training session: Face-to-face training (approx. 3.5 hours). Learners will be assessed on the following topic areas</p> <p>Skills:</p> <ul style="list-style-type: none"> <li>• Safe manual handling</li> <li>• Identify hazards</li> <li>• Perform CPR (2 consecutive minutes each on an infant and adult manikin)</li> <li>• Unpack and use an AED</li> <li>• Place a casualty in the recovery position</li> <li>• Complete an incident report log</li> </ul> <p>Knowledge topics:</p> <ul style="list-style-type: none"> <li>• Regulations/codes of practice</li> <li>• Safe work practice</li> <li>• Legal considerations in first aid</li> <li>• Basic anatomy and physiology</li> <li>• Considerations when providing CPR</li> <li>• Chain of survival</li> <li>• Correct use of the AED</li> </ul>
<b>Training materials and resources</b>	<p>On the day of the training course, learners will have access to our training equipment:</p> <ul style="list-style-type: none"> <li>• <u>adult</u> and <u>infant</u> resuscitation manikins in line with ARC Guidelines for the purpose of assessment of CPR procedures</li> <li>• first aid equipment including:             <ul style="list-style-type: none"> <li>○ an AED training device</li> <li>○ emergency rescue blanket</li> </ul> </li> </ul>
<b>Assessment submission process, support and outcomes</b>	<p><b>Assessment Outcomes: Competent or Not Competent</b></p> <p>For any learner who is unable to competently complete all assessment tasks, the facilitator will attempt to make reasonable adjustments to the methods of assessment. If the learner is still deemed not competent, they will need to re-sit the training course and additional fees will apply.</p>
<b>Recognition of Prior Learning</b>	<p>Students choosing to undertake RPL will need to be sent an RPL guide for their course.</p> <p><b>In order to be eligible for RPL, the student must demonstrate <i>currency</i> in that particular subject. I.e. a student cannot submit evidence from 5 years prior and request it be applied directly to their new competency. They must show how they have since applied those skills and that they are current.</b></p>
<b>Course completion</b>	Once assessed in all areas of the course and a competent mark is issued, learners will be issued with a Statement of Attainment for HLTAID001 Provide cardiopulmonary resuscitation. This Unit of Competency is Nationally Recognised Training from Health Training Package and valid for one year

## Get started on your training

Call now to book on 02 9011 7911, email [admin@trainingaidaustralia.com.au](mailto:admin@trainingaidaustralia.com.au) or visit our website for full course timetable and details [www.trainingaidaustralia.com.au](http://www.trainingaidaustralia.com.au).